

The FAS/E Support Network of B.C. is well known for the quality of the training it provides. The Network has been in existence for over 14 years and developed the materials used by its trainers. The material has been well tested in the field during training sessions all over Canada and the United States.

Network trainers have lived and worked long term with individuals with FASD. They have many years of practical experience and understand both the level of difficulty that can be experienced and the type of interventions required to ensure people with FASD have the best opportunity for success.

They are also the authors of a number of publications on FAS/PFAS/ARND/ARBD including:

- A Layman's Guide to FAS
- FAS & Education – The Art of Making a Difference
- A Manual for Community Caring – Identification, - - Understanding & Intervention with FAS (a 3 volume 1,000+ page training manual)

For more information on this exciting ground breaking opportunity please contact:

FAS/E Support Network of B.C.

#108-17767 64th Ave.,
Surrey, B.C. V3S 1Z2
Tel: 604-576-9911
Fax: 604-576-9112
Email: info@fetalalcohol.com

Or

FAS Aware UK

Tel: 01942-223780
Mobile: 078-124-61836
Email: Armistead@blueyonder.co.uk
Website: www.fasaware.co.uk

Professional Development Training

Foetal Alcohol Syndrome

*Presented by
FAS/E Support
Network of B.C.*

What is Fetal (Foetal) Alcohol Syndrome (FAS)?

Fetal alcohol syndrome (FAS) is a birth defect syndrome caused by the mother's intake of alcohol during pregnancy. The spectrum of alcohol-related diagnoses includes Fetal Alcohol Syndrome (FAS), Partial Fetal Alcohol Syndrome (PFAS), Alcohol Related Neurodevelopmental Disorder (ARND) and Alcohol Related Birth Defects (ARBD). All of these birth defects are entirely preventable and can happen to anyone, regardless of age, race or socioeconomic status.

FAS/PFAS/ARND/ARBD are PERMANENT and cannot be outgrown.

The most serious characteristics of FAS/PFAS/ARND/ARBD are the invisible symptoms of neurological damage that results from prenatal exposure to alcohol. These include:

- Attention Deficits and/or Hyperactivity
- Memory deficits
- Poor judgment
- Difficulty with abstract concepts (math, time, money)
- Poor problem solving skills
- Difficulty learning from experience
- Poor impulse control

How much FAS is there in the United Kingdom?

Using very conservative statistics (National Org. FAS/Centre for Disease Control & Journal of Teratology 1997, No. 56(5): 317-326) **12 children out of every 1,000 born will be impacted by prenatal alcohol exposure.** Therefore, using birth statistics for the UK (702,000/yr: Labour Force Statistics, 1999 Edition), **a minimum of 8,372 children** born in the UK each year will be impacted by prenatal alcohol exposure! This also means there are approximately 71,000 individuals in the UK who have been impacted by prenatal exposure to alcohol (National Statistics-UK Census 2001)

The magnitude of the problem is huge and has serious implications for both the impacted individual and society.



Exciting News!

There is a rising awareness of FAS/PFAS/ARND/ARBD in the United Kingdom! As a result of this rise in awareness there is a desperate need for education around what FAS/PFAS/ARND/ARBD is, how it impacts individuals who have it and what can be done to help them and their families.

Under the sponsorship of FAS Aware UK, the FAS/E Support Network of B.C. Canada is planning on coming to the UK in the spring of 2004 to offer comprehensive professional development training on FAS/PFAS/ARND/ARBD.

They will be offering a very comprehensive 10 day training course which will cover:

- o History of FAS/PFAS/ARND/ARBD
- o Facts & Figures
- o Diagnosis
- o Understanding Neurodevelopment & Neurobehaviour
- o Effective interventions and support skills
- o Managing specific behaviours
- o Activities for daily living
- o And much more!!!!

The course will also offer those who are interested, the opportunity to learn to be trainers on FAS/PFAS/ARND/ARBD. This will enable them to be able to go back to their own communities and educate others about this very important issue.

Who Should Take This Course?

This course would be invaluable to anyone who is, or is interested in, living and/or working with individuals with FAS/PFAS/ARND/ARBD. This includes:

- parents (birth, foster & adoptive)
- social workers
- teachers
- probation & corrections officers
- child care workers
- early childhood educators
- doctors & nurses